

## Surgery Scheduling Checklist

**Call your surgery scheduler (M-F) once you have decided to proceed with surgery.**

Allow 24-48 hours from the time of your appointment before calling. A voice message can be left to initiate the surgery scheduling process; include your name, date of birth and best phone number.

**Clearances must be obtained before surgery can be scheduled.**

Schedule an appointment for a medical, cardiac or pulmonary clearance appointment with your primary care doctor or specialist if you have cardiac (heart) issues, pulmonary (lung) issues or are 80 years old or older. Depending on your medical condition additional clearances may be required. Your surgery scheduler will discuss the clearances with you in more detail.

**Know your insurance authorization timeline.**

Our authorization coordinators will get authorization from your insurance company for your surgery, if required. We start the process of submitting for authorization once you have decided to proceed with surgery and called your surgery scheduler. Below are the estimated amounts of time that it may take for your surgery authorization to be processed, depending on your insurance company.

**10 - 14 business days:** Aetna, Ambetter, Amerigroup, Cigna, Coordinated Care, CHPW, First Choice, Humana, Humana MedAdvantage, Kaiser Permanente, LifeWise, MODA Health, Molina, Molina Medicare, Molina Marketplace, MultiPlan, Premera, Premera MedAdvantage, Regence, Regence MedAdvantage, Tribal Health Plans, Tricare, United Community Plan, United Healthcare, United Medicare – AARP.

**14 - 21 business days:** Apple Health - Medicaid, BlueCross BlueShield, Triwest, VA, Workers Compensation.

**28 - 42 business days:** Labor and Industries